

Case Study: SR Employment

Nefertiti Carnegie age 26 from Lambeth was unemployed for 5 months before being supported into work as a Team Member with Vital Ingredient by SR Employment and Training, as part of the Central London Forward into Work programme. SR worked closely with Jobcentres to promote to the programme and Nefertiti was referred in January.

Nefertiti was keen to work in the retail sector and found this very challenging as she felt most retail companies could not offer her hours that would suit her availability as a lone parent.

At the initial stage, SR carried out a screening session with clients for Vital Ingredient which consisted of team work exercises and presentations. This helped to establish basic skills required for the job role including communication skills and confidence building. Following the session a group discussion was held to identify the strengths and weakness of the each individual for best practice. Once screening was completed the group went on to employer specific training. Nefertiti went into the food retail sector group which consisted of basic pre-employment training to meet the needs of the employer.



Nefertiti was put forward for a Team Member role with Vital Ingredient at their London Wall location. Her role was to serve and advise customer on healthily living and help prepare the food to be served. The company offers progression over time and food related training to ensure high standards are met. They were able to offer Nefertiti the hours that she desired in order to meet the needs of her child.

“As I was out of work for a while, SR employment sourced a job that was suitable for me in terms of flexibility. SR offered excellent group and individual training and advice in preparation for the interview. I am a single mother, so I was not as flexible with my time as most people, in turn I thought the chances of me getting a job was slim because of this, But SR made it possible. While Working at Vital, I have learned a lot about the company policies, (e.g. Cross contamination), maintaining a speedy service, memorising a lot of ingredients and many more. I am part of a great team, who I can now call friends.

Alongside this, my daughter has started school, so I have more flexibility with my time, which will enable me to move up within the company sooner.”

