

Case study: CITE



Laila Saad 39, had been unemployed for over 6 months as a lone parent, she undertook a Healthcare Support Worker training through CITE. After finishing, she successfully interviewed for positions at two London hospitals, and continues to work within health care.

Laila was interviewed about her experience.

How did you find out about CITE and our courses?

"I was introduced to CITE by the Job Centre and I decided to join the pre-employment course for a Healthcare Support Worker in Adult Social

Care. Although I already had a degree in BSc (Hons) in Public and Community Health, I was unable to find a job in that field without having any experience."

Did you have any challenges in finding work? What kind of support did you get from CITE?

"I started this journey with Matt being my teacher. I wanted some support with updating my CV and interview practice, as well as guidance in reaching my job goals. He was fantastic, as he helped me write my supporting statement and also helped me prepare for and succeed in interviews."

How did the programme help you? What was the outcome?

"With the training I was able to get three job interviews; one in King's College Hospital, one in Imperial College Hospital and one in Great Ormond Street Hospital.

I remember having a dilemma of which interviews I should attend as two of them were on the same date and time (King's College and Imperial College). With my teacher Matt's guidance I decided to choose to interview with Kings' College and Great Ormond Street. I was successful in both.

His teaching method was excellent and I will always be grateful. After the course my trainers from CITE also kept in touch with me over the phone to see how I was progressing, and congratulated me on getting the position.

At King's College Hospital I was employed as a Healthcare Assistant and worked as a specialist in Adult Care, giving patients one-to-one care. After four months of experience I thought I could do even better. I re-signed and accepted the Healthcare Assistant position at the Great Ormond Street, a children's hospital, as a Band 3 in the Private and International Patients Department."



What has been the impact of taking part in the training and moving into work had on your life?

“This was the best decision I ever made and it has enabled me to enhance my career; I am now planning to do either Paediatric Nursing for two years or progress to level 4 with further training. I currently have one year and five months of working experience in Great Ormond Street Hospital and I am intending to further my career within the hospital. I’ve found it to be the most rewarding and fulfilling job that provides holistic care for both children and their families.

I wish CITE and the team all the best and I hope you all join us in making a difference in people’s lives soon.”